The AARP Arkansas State Office was chosen as the location for an Eden at Home/AARP collaborative pilot that began in Fall 2005 and concluded in Fall 2007. The focus of the pilot was *Eden at Home: Creating Quality of Life for Care Partner Teams*, the general version in the Eden at Home Series. This project utilized a volunteer trainer format, as AARP has a well-developed volunteer network, many being former educators. Our evaluation process included these components:

- Participants completed pre-test before each care partner workshop
- Participants were post-tested at 3 and 6 months after workshop completion

In our post-testing process, we were looking for evidence of these transformation measures:

- Application of new tools and ideas learned at the workshops
- Expansion of support networks for participating care partners
- Positive shifts in relationships w/ other care partners, including elder care partners
- Positive shifts in their own outlook, perspective, attitudes, and well-being

**Overall Impressions**

**Two in three participating care partners** said the training was extremely or very useful through three-month post-test period.

**Seven in ten participating care partners** said training was extremely or very useful through 6-month post-test period.
**Application of new tools & ideas learned at workshop**

*Six in ten participating care partners* have utilized new tools, maintained over time through six month post-test period.

*Two in three participating care partners* have implemented a new concept, also maintained over time through six month post-test period.

**Expanding support networks**

*Four in ten participating care partners* stayed in contact and shared experiences with someone from their workshop regularly (informal buddy system), maintained over time through six months.

*One in four participating care partners* expanded their care partner team, also maintained over time through six months.

*Two in ten participating care partners* attended a scheduled care partner gathering through *three* months.

*One in three participating care partners* attended a scheduled care partner gathering through *six* months.

**Positive changes in relationships with other care partners (including the Elder care partner)**

*Over half of the participating care partners* have seen positive changes in their relationships with their Elder care partner, maintained over time through *six* months.

*Seven in ten participating care partners* have seen positive changes in relationships with other family members, maintained over time through *six* months.

**Positive changes in self**

*Over eight in ten participating care partners* felt they had grown as a person, maintained over time through *six months*.

*Eight in ten participating care partners* felt they had changed their outlook on giving and receiving care, maintained over through *six months*. 